

From
The Mission Director,
MEPMA
Govt. of Telangana
Hyderabad

To
The Project Directors ,
MEPMA
Hyderabad

Lr. Roc. No:MEPMA/NUHM/MAS/1, Date: 03-10-2017

Sub: MEPMA – NUHM –MAS- SLF level –precautionary measures –Special meeting
–Heavy Rains –activities – monitoring of sanitation – personal Hygiene-through
MAS –instructions –Reg .

The attention of the Project Directors of MEPMA is invited to subject cited , where it is noticed that are incessant rains in certain ULBs in the state for the past few days and heavy rains are also contemplate in coming days in certain ULBs .

In this regard it is directed to conduct special meetings by SLFs and TLFs in near by Urban Primary Health Centres (UPHCs) or in local areas on preventive activities on Heavy rains and follow the below activities to be conducted by Mahila Aroghya Samities (MAS) , the details as follows

- a) **Sanitation and Solid waste Management:** - To Monitor the Intensive Sanitation activities by SLFs through MAS at Ward level for improving the sanitation with available Sanitation staff.
- b) Effective implementation of Door to Door Collection of Garbage and debris lifting
- c) **Boiling Water:** Boiling of Drinking Water for 15 minutes will kill harmful bacteria it can be filtered and can be used for drinking. This water is suggested for infants and children.
- d) **Safety food Measures :**
 - . Cook food thoroughly and eat it while still hot
 - . Cooked food should not be stored for a long time keep the food covered and re heat thoroughly before consuming.
 - . Increase awareness in the community about personal hygiene and sanitation
 - . Washing hands with soap after defecation and urination
 - . Washing hands with soap before and after taking food
 - . Trimming of nails periodically will ensure that dirt will not collect under the nails, as dirt will have lot of harmful bacteria.

- e) **IEC Activities:** Implement the IEC activities on Health and Sanitation and the direction of Municipal Commissioner.



Day Wise and area wise programme as been fixed and teams will visit such areas on the prescribed day.

To control the litter, instruction were issued to SHG members on importance of litter free roads

- f) **Anti Larval remedial measures:** Monitoring the Street Fogging and emptying of water containers like Air cooler, drip pan of refrigerators broken pots, tins barrels, drums, bush cuttings once in week, removal of coconut shells, tyres etc.

- g) **Protection from Mosquito bites:** Use of Mosquito proofing of house/ de-welling
Use of Mosquito repellants

Hence all the Project Directors are hereby directed to **conduct special SLF and TLF meetings in coordination with DMCs, TMCs, and COs to implement the activities related to Health and Sanitation on prevention of diseases due to heavy rains through MAS in SLFs under the direction of Municipal Commissioner and Urban Primary Health centers and document the subject in SLF resolution book keeping.**


MISSION DIRECTOR


Copy to:
The Municipal Commissioners
The MD,NHM